

Good Food Fast
Catering At your place

CORPORATE CATERING



BREAKFAST and LUNCH

2-Day Advance Ordering, Please

All Major Credit Cards Accepted • Corporate Charge Accounts Welcomed!

This menu is primarily for corporate breakfast, luncheons and business meetings.

Please feel free to request our complete Catering Brochure to mix, match and create menu ideas for other occasions.

Fully staffed corporate picnic menu available.

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*Good Food Fast is a full service off-premises caterer established in 1985.
Available for Weddings, Corporate Functions and Social Gatherings.*

Corporate **BREAKFAST**

Breakfast Tray

Delicious assortment of freshly baked muffins, flaky croissants, bagels and danish. Buffet includes butter, cream cheese, preserves and disposable paperware

\$3.95 per person

Additional Items

Assorted Breakfast Juices.....add \$2.00 per person
Fresh Fruit Salad or Fruit Wedgesadd \$3.25 pp
Smoked Salmon Platter.....market price
Assorted Quiches (serves 6-8)\$12.50

Complete Continental Buffet

\$9.95 per person

Assorted Bagels • Danish • Muffins • Croissants
Butter, Cream Cheese & Preserves
Fresh Fruit Salad or Fruit Wedges
Freshly Brewed Coffee(Choice of Regular or Decaf)
Assorted Juices • Disposable Paperware

Hot Breakfast Buffet

\$11.95 per person (minimum 10 people)

Scrambled Eggs • Bacon • Breakfast Sausage
French Toast and Syrup • Breakfast Potatoes
Freshly Brewed Coffee (Choice of Regular or Decaf)
Assorted Juices
Disposable Paperware • Chafing Units & Serving Utensils

Cook To Order Omelet Station

\$12.95 per person (minimum 10 people)

Omelets prepared to order with your choice of assorted fillings and cheeses.
Served with Breakfast Potatoes, Bacon, Breakfast Sausage, Freshly Brewed Coffee and Tea
Disposable Paperware • Chafing Units & Serving Utensils

Corporate LUNCHEON

GRAB & GO

2-Day Advance Ordering, please. All "Grab & Go" selections must be picked up at our 493 Connecticut Avenue location.

Corporate Boxed Lunches

Our Boxed Lunches are Quick, Easy, Neat & Delicious!

\$9.95 per person

Hearty Lunch Boxes

"Overstuffed" Assorted Sandwich
on Fresh Selected Bread or Roll
Cole Slaw, Potato Salad or Macaroni Salad
Fruit • Can of Cold Soda
Fork, Napkin & Condiments

Additional Box Lunch Goodies

Sandwiches Prepared on Croissantsadd \$1.00 per box
Fresh Brownie or Cookies in Each Box.....add \$1.50 per box
Bag of Chips or Pretzelsadd \$.85 per box

Sandwich Luncheon Package

Assorted Overstuffed Sandwiches

\$11.95 per person

Includes

Choice of Two Homemade Salads:
Seasonal Mixed Greens • Our Famous Cole Slaw
Red-Skinned Potato Salad • Tomato Cucumber Salad
Our Pasta Salad of the Day

Also Includes:

Assorted Can Sodas • Bottled Waters
Freshly Baked Cookies and Brownies
Disposable Paperware

A La Carte Luncheon Selections

Platter of "Overstuffed" Sandwiches\$6.95 pp
Platter of all "Wraps Sandwiches"\$6.95 pp
Fresh Fruit Salad\$3.25 pp
Assortment of Potato Chip\$1.25 pp
Can Soda & Bottled Water (Includes Cups)\$1.50 pp

Corporate Lunch Buffet

(minimum 10 people)

Select Two Hot Entrees

Sliced Grilled Flank Steak with Aujus
Eggplant Parmesan
Penne a la Vodka Sauce
Sliced Roast Turkey Breast in Gravy
Chicken Marsala
Chicken Francaise
Chicken Parmesan
Baked Ziti
Italian Style Meatballs
Maple Glazed Virginia Ham
Cavatelli with Broccoli Rabe
Vegetable Enchilada
Sausage & Peppers

Select Two Sides

Long Grain and Wild Rice Pilaf
Mashed Potato
Herb Roasted Potato
Sautéed Seasonal Mixed Vegetables

Select One Homemade Salad

Seasonal Mixed Greens
Caesar Salad
Pasta Primavera
Tomato Cucumber
Dilled Cucumber
Red Skinned Potato Salad

Also Included

Disposable Paperware
Chafing Units & Serving Utensils

\$14.95 per person

Salads & Sides

	Half Tray Serves Up to 12	Full Tray Serves Up to 25
• Caesar Salad	\$17.50	\$35.00
• Seasonal Mixed Greens with Dressing	\$17.50	\$35.00
• Pasta Salad of the Day	\$19.95	\$39.95
• Cole Slaw	\$17.50	\$35.00
• Potato Salad	\$19.95	\$39.95
• Garlic Roasted Potatoes	\$30.00	\$55.00
• Mashed Potatoes	\$30.00	\$55.00
• Rice Pilaf	\$20.00	\$40.00
• Vegetables: Grilled, Roasted, Steamed or Sautéed	\$25.95	\$52.95
• Assorted Rolls and Butter	\$5.95 per Dozen	

Appetizers

	Half Tray	Full Tray
• Fruit and Cheese Platter	\$50.00	\$100.00
• Crudite with Dip	\$35.00	\$70.00
• Assorted Quiche	\$40.00	\$80.00
• Brie in Puff Pastry	\$45.00	\$90.00
• Spanikopita Filo & Cheese	\$35.00	\$70.00
• Buffalo Wings	\$35.00	\$70.00
• Chicken Empanada	\$40.00	\$80.00
• Pigs in a Blanket	\$35.00	\$70.00

Entrées

	Half Tray	Full Tray
• Eggplant Parmigiana	\$40.00	\$80.00
• Cheese Lasagna	\$35.00	\$70.00
• Vegetable Lasagna	\$40.00	\$80.00
• Meat Lasagna	\$45.00	\$90.00
• Penne Ala Vodka	\$35.00	\$70.00
• Cavatappi Pasta with Broccoli	\$35.00	\$70.00
• Penne Primavera with Pesto	\$35.00	\$70.00
• Baked Ziti	\$35.00	\$70.00
• Roasted Chicken with Garlic and Rosemary and Roasted Potatoes	\$45.00	\$90.00
• Chicken with Broccoli	\$45.00	\$90.00
• Chicken Cacciatore	\$45.00	\$90.00
• Chicken Cordon Blue	\$45.00	\$90.00
• Chicken Marsala	\$45.00	\$90.00
• Chicken Scarpiello	\$45.00	\$90.00
• Chicken Parmigiana	\$45.00	\$90.00
• Grilled Chicken Breast	\$45.00	\$90.00
• Oven Roasted Turkey Breast	\$50.00	\$100.00
• Roast Top Round of Beef	\$50.00	\$100.00
• Baked Glazed Ham	\$50.00	\$100.00
• Roasted Fillet Mignon (serves 10-12)	\$135.00 each	
• Italian Style Meatballs	\$45.00	\$90.00
• Meatloaf with Gravy	\$45.00	\$90.00
• Sausage and Peppers	\$45.00	\$90.00
• Steak and Peppers	\$50.00	\$100.00